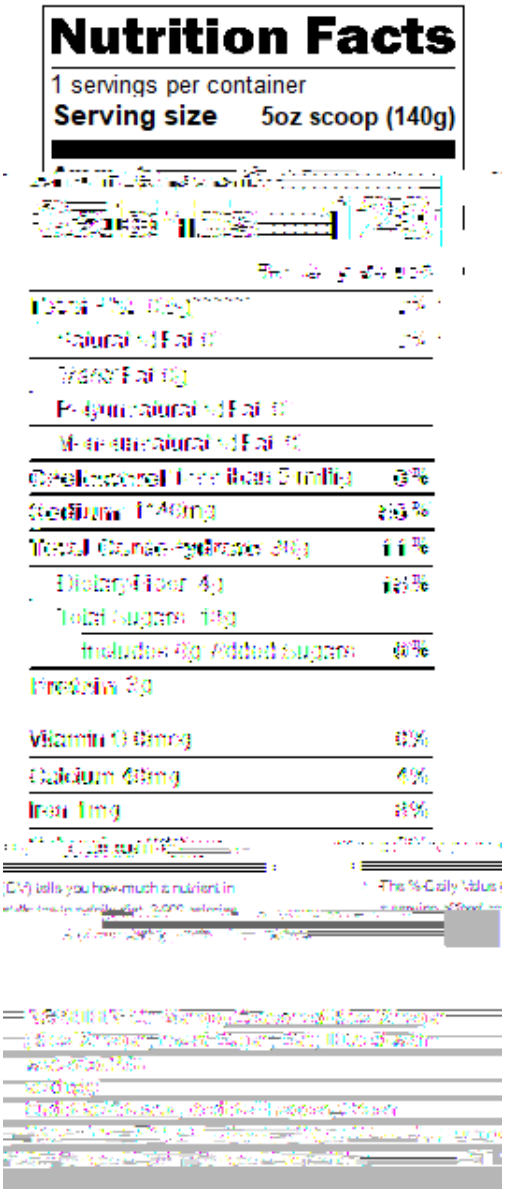
Mango and Black Bean Salad
5oz scoop



Nutrition Facts

1 servings per container

Serving size 5oz scoop (140g)

Total Fat 0.5g	[illegible]
Saturated Fat 0	[illegible]
Trans Fat 0g	
Polyunsaturated Fat 0	
Monounsaturated Fat 0	
Cholesterol 0 mg/liter 5 mg/kg	0%
Sodium 1140mg	50%
Total Carbohydrate 30g	11%
Dietary Fiber 4g	15%
Total Sugars 10g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 1mg	8%

(DV) tells you how much a nutrient in [illegible]

The % Daily Value [illegible]